

# Cigna Dental Benefit Summary

## Maricopa County

### Plan Renewal Date: July 1, 2019



Administered by: Cigna Health and Life Insurance Company

Receiving regular dental care may not only catch minor problems before they become major and expensive to treat - it may even help improve your overall health. Gum disease is increasingly being linked to complications for pre-term birth, heart disease, stroke, diabetes, osteoporosis, and other health issues. That's why this dental plan includes **Cigna Dental WellnessPlus<sup>SM</sup>** features. When you or your family members receive any preventive care service in one plan year, the coinsurance amount will increase in the following plan year for services in Class II and III. Each year you or your family members remain enrolled in this plan and continue to receive annual preventive care, the coinsurance amount will increase for Class II and III in the following plan year, until it reaches the level outlined below. Please refer to your plan materials for additional information on this plan feature.

<b>Benefit Plan Features</b>	<b>Total Cigna</b>		<b>Non-Network</b>
<b>Network Options</b>	Cigna DPPO Advantage	Cigna DPPO	See Non-Network Reimbursement
<b>Reimbursement Levels</b>	Fee Schedule	Discount on Fees	Maximum Reimbursable Charge
<b>Policy Year Benefits Maximum</b> Applies to: Class II, III, IX expenses	\$2,000	\$2,000	\$2,000
<b>Policy Year Deductible</b>			
Individual	\$50	\$50	\$50
Family	\$100	\$100	\$100
<b>Benefit Highlights</b>	<b>Plan Pays</b>	<b>Plan Pays</b>	<b>Plan Pays</b>
<b>Class I: Diagnostic &amp; Preventive</b>	100%	80%	80%
Oral Evaluations	No Deductible	No Deductible	No Deductible
Prophylaxis: routine cleanings			
X-rays: bitewing			
X-rays: non-routine			
Fluoride Application			
Sealants: per tooth			
Space Maintainers: non-orthodontic			
Emergency Care to Relieve Pain			
<b>Progressive Coinsurance Benefits:</b>			
Progressive Benefit Year 2: Increase contingent upon receiving Preventive Services during the previous plan year.			
Progressive Benefit Year 3 & beyond: Increase contingent upon receiving Preventive Services during the previous two plan years.			
<b>Class II: Basic Restorative</b>	Year 1: 80% Year 2: 85% Year 3 & Beyond : 90% After Deductible	Year 1: 60% Year 2: 65% Year 3 & Beyond : 70% After Deductible	Year 1: 60% Year 2: 65% Year 3 & Beyond : 70% After Deductible
<b>Class III: Major Restorative</b>	Year 1: 50% Year 2: 55% Year 3 & Beyond : 60% After Deductible	Year 1: 50% Year 2: 55% Year 3 & Beyond : 60% After Deductible	Year 1: 50% Year 2: 55% Year 3 & Beyond : 60% After Deductible
<b>Class IV: Orthodontia</b>	50% No Deductible	50% No Deductible	50% No Deductible
Coverage for Employee and All Dependents Lifetime Benefits Maximum: \$3,000			
<b>Class IX: Implants</b>	50% After Deductible	50% After Deductible	50% After Deductible
<b>Benefit Plan Provisions:</b>			
<b>In-Network Reimbursement</b>	For services provided by a Cigna Dental PPO network dentist, Cigna Dental will reimburse the dentist according to a Fee Schedule or Discount Schedule.		
<b>Non-Network Reimbursement</b>	For services provided by a non-network dentist, Cigna Dental will reimburse according to the Maximum Reimbursable Charge. The MRC is calculated at the 90th percentile of all provider charges in the geographic area. The dentist may balance bill up to their usual fees.		

<b>Cross Accumulation</b>	All deductibles, plan maximums, and service specific maximums cross accumulate between in and out of network. Benefit frequency limitations are based on the date of service and cross accumulate between in and out of network.
<b>Policy Year Benefits Maximum</b>	The plan will only pay for covered charges up to the yearly Benefits Maximum, when applicable. Benefit-specific Maximums may also apply.
<b>Policy Year Deductible</b>	This is the amount you must pay before the plan begins to pay for covered charges, when applicable. Benefit-specific deductibles may also apply.
<b>Pretreatment Review</b>	Pretreatment review is available on a voluntary basis when dental work in excess of \$200 is proposed.
<b>Oral Health Integration Program (OHIP)</b>	Cigna Dental Oral Health Integration Program offers enhanced dental coverage for customers with the following medical conditions: diabetes, heart disease, stroke, maternity, head and neck cancer radiation, organ transplants and chronic kidney disease. There's no additional charge for the program, those who qualify get reimbursed 100% of coinsurance for certain related dental procedures. Eligible customers can also receive guidance on behavioral issues related to oral health and discounts on prescription and non-prescription dental products. Reimbursements under this program are not subject to the annual deductible, but will be applied to and are subject to the plan annual maximum. Discounts on certain prescription and non-prescription dental products are available through Cigna Home Delivery Pharmacy only, and you are required to pay the entire discounted charge. For more information including how to enroll in this program and a complete list of program terms and eligible medical conditions, go to <a href="http://www.mycigna.com">www.mycigna.com</a> or call customer service 24/7 at 1.800.CIGNA24.
<b>Timely Filing</b>	Out of network claims submitted to Cigna after 365 days from date of service will be denied.
<b>Benefit Limitations: Benefit frequency limitations are based on date of service.</b>	
Missing Tooth Limitation Provision	For teeth missing prior to coverage with Cigna, the amount payable is 50% of the amount otherwise payable until covered for 24 months; thereafter, considered a Class III expense.
Oral Exams	2 per policy year
X-rays: routine	Routine x-rays include bitewings: 2 per policy year
X-rays: non-routine	Complete series of radiographic images and panoramic radiographic images: Limited to a combined total of 1 per 36 months
Diagnostic Casts	Payable only in conjunction with orthodontic workup
Cleaning	2 per policy year, including periodontal maintenance procedures following active therapy in addition to the routine prophylaxis.
Fluoride Application	1 per policy year for children under age 19
Sealants (per tooth)	Limited to posterior tooth. 1 treatment per tooth every 36 months.
Space Maintainers	Limited to non-orthodontic treatment for children under age 19
Inlays, Crowns, Bridges, Dentures and Partial	Replacement every 60 months if unserviceable and cannot be repaired. Benefits are based on the amount payable for non-precious metals. No porcelain or white/tooth-colored material on molar
Dentures and Bridge Repairs	Reviewed if more than once
Denture Relines Rebases and Adjustments	Covered if more than 6 months after installation
Prosthesis Over Implant	1 every 60 months if unserviceable and cannot be repaired. Benefits are based on the amount payable for non-precious metals. No porcelain or white/tooth colored material on molar crowns or bridges.
<b>Benefit Exclusions:</b>	
Covered Expenses will not include, and no payment will be made for the following:	
Procedures and services not included in the list of covered dental expenses;	
Diagnostic: cone beam imaging; Preventive Services: instruction for plaque control, oral hygiene and diet;	
Restorative: veneers of porcelain, ceramic, resin, or acrylic materials on crowns or pontics on or replacing the upper and or lower first, second and/or third molars; Periodontics: bite registrations; splinting;	
Prosthodontics: precision or semi-precision attachments; initial placement of a complete or partial denture per plan guidelines;	
Procedures, appliances or restorations, except full dentures, whose main purpose is to: change vertical dimension; diagnose or treat conditions or dysfunction of the temporomandibular joint (TMJ); stabilize periodontally involved teeth; or restore occlusion;	
Athletic mouth guards; services performed primarily for cosmetic reasons; personalization; replacement of an appliance per benefit guidelines;	
Services that are deemed to be medical in nature; services and supplies received from a hospital;	
Charges in excess of the Maximum Reimbursable Charge.	

This document provides a summary only. It is not a contract. If there are any differences between this summary and the official plan documents, the terms of the official plan documents will prevail.

Cigna Dental PPO plans are insured and/or administered by Cigna Health and Life Insurance Company (CHLIC) or Connecticut General Life Insurance Company (CGLIC), with network management services provided by Cigna Dental Health, Inc. and certain of its subsidiaries.

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